

AFTER VISIT SUMMARY

Arneil D. Devera [REDACTED]

4/24/2019 3:10 PM FAMILY PRACTICE [REDACTED]

Instructions from [REDACTED]

Please go to the lab (**DEPARTMENT #100**) to have your lab tests done. (Lab location: Hallway A, Hours: M-F 6:30am-6:00pm; Sat, Sun, Holidays 7am-noon)

Please go to vaccine clinic in **DEPARTMENT #118** for your vaccines - TDAP
Injection Clinic hours: M-F 8:30am-12:15pm, 1:30pm-4:45pm

Lab 1st floor Department 100 (Monday to Friday 6:00 am to 6:30pm Saturday and Sunday 7:00am to 2:00pm)

Pharmacy 1 1st floor Department 104 (Monday to Friday 8:00am to 8:00pm Saturday 9:00am to 5:00pm)

Pharmacy 2 1st floor Department 116 (Monday to Friday 9:00am to 5:30pm)

Discharge Pharmacy in the Hospital open 24hours

Adult Injection 1st floor Department 118 (Monday to Friday 8:30am to 4:45pm closed for lunch 12:00noon to 1:30pm)

Pediatric Injection 1st floor Department 106 (Monday to Friday 8:30am to 4:45pm closed for lunch 12:00noon to 1:30pm)

Nurses Clinic 1st floor Department 118 (Monday to Friday 8:30am to 4:45pm closed for lunch 12:00noon to 1:30pm)

Radiology Hospital H9 (including X-Ray, EKG, ECG, Ultrasound, CT Scan, Mammo, Bone Density) Daily 7:00am to 8:30pm






Release of medical information Hospital H10

Member services 2nd floor Department 206 (Monday to Friday 8:30am to 4:45pm closed for lunch 12:00noon to 1:30pm)

Business office/admitting Hospital H5

Today's Visit

You saw [REDACTED] on Wednesday April 24, 2019.

 Blood Pressure 139/82	 Weight 179 lb 8 oz
 Height 6' 2"	 Temperature (Oral) 97.4 °F
 Pulse 74	

Stay Connected!

Download KP apps for your smartphone free from your favorite App Store.

My Doctor Online - get advice, preventive services alerts, email your doctor, video visits, schedule appointments

KP - refill prescriptions, check lab results, and review hospital or Emergency Department discharge instructions

My KP Meds - schedule reminders to take your medications or order refills



Labs ordered today

URINE CHLAMYDIA TRACHOMATIS AND NEISSERIA GONORRHOEAE DETECTION

What's Next

You currently have no upcoming appointments scheduled.

Today's Medication Changes as of 4/24/2019 3:50 PM

No changes were made to your prescriptions during this visit.

✎ Medications Marked As Taking

No Medications Marked As Taking

Exercise Minutes Per Week

60

Exercise is Important!

I strongly recommend my patients get at least 150 minutes of physical activity a week, or 30 minutes 5 days a week (unless you have specific medical limitations or restrictions). Regular exercise can significantly reduce your risk for heart disease, stroke, diabetes, falls and certain cancers. A healthy weight target is a Body Mass Index (BMI) between 19 and 24 (except for pregnant women). If you want to include healthier eating, start by adding more fruits and vegetables to your diet, eating smaller portions or drinking fewer sodas and sweetened beverages. To get support for fitness, weight, or stress management, call [REDACTED] to schedule a telephone appointment with a personal wellness coach.

Information about Tobacco

Congratulations on choosing not to smoke. I strongly advise you to avoid all forms of tobacco. It is an investment in your health that pays off for life. For more information on how to stay healthy, visit kp.org/mydoctor/stayinghealthy.

Date printed: 5/13/2019

Minor differences in test results from the usual range are not uncommon and likely represent acceptable individual or lab variation. Test results outside the usual range are subject to interpretation by your doctor.

General information

Collected:
04/24/2019 3:44 PM

Resulted:
04/25/2019 11:38 AM

Ordered by:

WHITE BLOOD CELL DIFFERENTIAL

COMPONENT	YOUR VALUE	STANDARD RANGE
Neutrophils %, automated count	66 %	42 - 76 %
Lymphocytes %, automated count	21 %	15 - 47 %
Monos %, auto	8 %	5 - 13 %
Eosinophils %, automated count	4 %	0 - 7 %
Basophils %, automated count	1 %	0 - 1 %
IMMATURE GRANULOCYTES %, AUTOMATED COUNT	0 %	0 - 1 %
Neutrophils auto count	3.2 K/uL	1.8 - 7.9 K/uL

BICARBONATE

COMPONENT	YOUR VALUE	STANDARD RANGE
CO2	30 mEq/L	24 - 33 mEq/L

CBC (COMPLETE BLOOD COUNT)

COMPONENT	YOUR VALUE	STANDARD RANGE
WBC COUNT	4.8 K/uL	3.7 - 11.1 K/uL
Red blood cells count	4.88 M/uL	4.10 - 5.70 M/uL
Hgb	14.9 g/dL	13.0 - 17.0 g/dL
Hematocrit	46.1 %	39.0 - 51.0 %
MCV	94 fL	80 - 100 fL
RDW, RBC	12.2 %	12.0 - 16.5 %
Platelets count	138 K/uL	140 - 400 K/uL
RBC's, nucleated	0 /100WC	<=0 /100WC

CREATININE AND CALCULATED GLOMERULAR FILTRATION RATE

COMPONENT	YOUR VALUE	STANDARD RANGE
Creatinine	1.11 mg/dL	<=1.34 mg/dL
Glomerular filtration rate, nonAfrican American	>60 mL/min	>=60 mL/min
GLOMERULAR FILTRATION RATE - AFRICAN AMERICAN	>60 mL/min	>=60 mL/min

ALANINE AMINOTRANSFERASE (ALT)

COMPONENT	YOUR VALUE	STANDARD RANGE
ALT	21 U/L	0 - 47 U/L

ALKALINE PHOSPHATASE

COMPONENT	YOUR VALUE	STANDARD RANGE
ALKALINE PHOSPHATASE	58 U/L	37 - 117 U/L

ASPARTATE AMINOTRANSFERASE (AST)

COMPONENT	YOUR VALUE	STANDARD RANGE
AST	19 U/L	10 - 40 U/L

BLOOD UREA NITROGEN (BUN)

COMPONENT	YOUR VALUE	STANDARD RANGE
BUN	20 mg/dL	7 - 27 mg/dL

CHLORIDE

COMPONENT	YOUR VALUE	STANDARD RANGE
Chloride	106 mEq/L	100 - 111 mEq/L

DIRECT BILIRUBIN

COMPONENT	YOUR VALUE	STANDARD RANGE
Bilirubin, direct	0.3 mg/dL	0.0 - 0.3 mg/dL

FASTING GLUCOSE

COMPONENT	YOUR VALUE	STANDARD RANGE
Glucose, fasting	97 mg/dL	60 - 99 mg/dL

FASTING LIPID PANEL

COMPONENT	YOUR VALUE	STANDARD RANGE
Cholesterol	128 mg/dL	≤ 239 mg/dL
Triglyceride	108 mg/dL	≤ 499 mg/dL
HDL	50 mg/dL	≥ 40 mg/dL
Low density lipoprotein calculated	56 mg/dL	≤ 159 mg/dL

GLUCOSE

COMPONENT	YOUR VALUE	STANDARD RANGE
GLUCOSE, RANDOM	97 mg/dL	60 - 159 mg/dL

HEMOGLOBIN A1C

COMPONENT	YOUR VALUE	STANDARD RANGE
Hgb A1c %	5.1 %	<=5.6 %
ESTIMATED AVERAGE GLUCOSE	100 mg/dL	85 - 126 mg/dL

POTASSIUM

COMPONENT	YOUR VALUE	STANDARD RANGE
Potassium	4.6 mEq/L	3.5 - 5.3 mEq/L

SODIUM

COMPONENT	YOUR VALUE	STANDARD RANGE
Sodium	144 mEq/L	135 - 145 mEq/L

TOTAL BILIRUBIN

COMPONENT	YOUR VALUE	STANDARD RANGE
Bilirubin, total	1.4 mg/dL	0.2 - 1.2 mg/dL

TREPONEMA PALLIDUM ANTIBODY

COMPONENT	YOUR VALUE	STANDARD RANGE
Treponema pallidum Igg+IgM	NON REAC	NON REAC

URINE CHLAMYDIA TRACHOMATIS AND NEISSERIA GONORRHOEAE DETECTION

COMPONENT	YOUR VALUE	STANDARD RANGE
Chlamydia sp RNA, urine, amplified probe	NEGATIVE	<i>NEGATIVE</i>
Neisseria gonorrhoeae sp RNA, urine, amplified probe	NEGATIVE	<i>NEGATIVE</i>

This test result has been released by an automatic process.

If you have any questions about this test result, please contact your doctor's office. See our facility directory for departments and phone numbers.